

The BodyCamp

SUMMER KIT LIST

IBIZA | MALLORCA | UK

- BACK PACK []
- KEEP COLD WATER BOTTLE - (1L OR 2 X 500ML) []
- CAP OR SUN HAT []
- SPORTS SUN GLASSES FOR UV PROTECTION []
- HIKING BOOTS (WORN IN, NOT A NECESSITY IF YOU PREFER TRAINERS) []
- 2 PAIRS OF GOOD TRAINERS (WORN IN) []
- TRAINING LEGGINGS / SHORTS / SPORTS BRAS / VESTS AND T-SHIRTS []
- COMFY LOUNGE WEAR FOR RELAXING IN THE EVENINGS []
- PANTS AND SOCKS []
- JUMPER OR CARDIGAN IN CASE IT GETS CHILLY []
- LIGHT WEIGHT WATERPROOF JACKET []
- PAJAMAS []
- BIKINI / TRUNKS []
- SWIMMING COSTUME FOR POOL AND SEA SPORTS []
- FLIP-FLOPS []
- GOGGLES AND SWIMMING HAT []
- TOILETRIES: FACE WASH / MOISTURISER / TOOTHPASTE / TOOTHBRUSH / DEODORANT []
- GOOD HIGH PROTECTION SUN SCREEN FOR FACE AND BODY []
- AFTERSUN []
- ANY MEDICATION YOU MAY NEED PLUS PAIN KILLERS (IBUPROFEN PREFERRED) []
- COMPEED BLISTER PLASTERS []
- EYE MASK / EAR PLUGS []
- ADAPTOR (UK / EU LOCATION DEPENDENT) []

WE SELL A SELECTION OF HATS, HOODIES, BOTTLES AND SPORTSWEAR

ON SITE ACROSS ALL OUR CAMPS.